

NEWSLETTER - CHURCH LANE SURGERY, BOROUGH BRIDGE & HELPERBY



Spring/Summer 2018

Welcome to our Spring/Summer newsletter. We hope to improve communication with the practice population through this letter and hope you enjoy reading it. Please feel free to comment on anything in it and leave it in the comment box in reception.

A reminder - could you please make sure that we have your correct mobile and landline telephone numbers as sometimes WE have to contact YOU!

***** CHANGE OF PRESCRIPTION NOTICE TIME TO 3 WORKING DAYS *****

Please note we now ask you to allow 3 working days from the day you order your repeat prescription before collecting it from the dispensary or local chemist

YOU CAN ORDER REPEAT PRESCRIPTIONS AND MAKE APPOINTMENTS ONLINE via our website www.churchlanesurgery.com. Ask at Reception for a username and password.

Patient Participation Group

We are a group of registered patients who are representative of the general surgery population and we meet regularly with the practice manager and doctors.



As a group, we are involved in 'shaping' the practice questionnaire which was distributed again last November. We will discuss the results of the questionnaire at length within our meetings, looking at the priorities of us, the patients, and how our needs can be met and how any arising issues may be resolved. The minutes and information regarding our meetings can be viewed on the Church Lane Surgery website, www.churchlanesurgery.com

Extended Hours →→→→

We now are providing additional doctor and practice nurse appointments for our patients plus pharmacist review appointments. This is an opportunity for us to be able to offer blood testing appointments on a Saturday morning which will be a new service. Like our previous Saturday surgeries these appointments must be booked in advance as there will be no phone access on the day.

HAY FEVER ADVICE

Did you know that any preparations for the treatment of this condition can be purchased from pharmacies and supermarkets without a prescription. A wide range of hay fever medications are available without seeing a doctor and that these medications are often cheaper than NHS prescription fees.

Examples of hay fever treatments that can be purchased include:

Antihistamine tablets and syrup, e.g. chlorphenamine, cetirizine, loratadine, acrivastine

Antihistamine nasal sprays, e.g. Rhinolast

Steroid nasal sprays, e.g. Beconase and Flixonase

Eye drops, e.g. Hay-Crom, Opticrom and Alomide Allergy

Decongestants, e.g. Sinutab

Simple pain relief, e.g. paracetamol



You should see a GP

- if you are experiencing wheezing, breathlessness or tightness in their chest
- If you are pregnant or breastfeeding
- If your symptoms are not relieved by over the counter treatments in combination with measures to reduce exposure to pollen.

As this newsletter goes to press you may notice we've 'got the builders in'. They are busy converting part of the building extension to become the new dispensary. You will be able to access the new dispensary by the door in the left corner of the building or via waiting area 5 at the end of the ground floor corridor. We apologise for any disruption while the work is being done but hope you will agree it will be worth the end result!

***STOP PRESS* THE DISPENSARY IS MOVING!!**

From Monday 25th June 2018 the Dispensary will have relocated to the Hazel Suite.

Please bear with us during this new and exciting change.

Thank you.

Magazines - Reminder

While we appreciate donations of clean and tidy magazines for the waiting areas, we cannot accept any which are over 3 months old. Please hand them in at Reception rather than just leaving them in the waiting areas.

CONTACT US:

If you have any questions or comments about the practice please contact our Practice Manager, Wendy Dowson on the surgery number (01423 322309) or ask for her at Reception.